

# Parent & Child Activity Calendar

## Elementary School

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THE  
**PARENT**  
INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May 2020</b>					<b>1</b> May is National Physical Fitness and Sports Month. Plan to get some exercise with your child every day this month!	<b>2</b> Celebrate National Bike Month by reviewing the "rules of the road." Talk about the importance of wearing a helmet.
<b>3</b> At some time today, exchange notes with your child instead of talking.	<b>4</b> When your child has a problem, give him two possible solutions and let him decide which one to choose.	<b>5</b> It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	<b>6</b> Show your child a new shape today. If she already knows the basics, introduce a hexagon (six sides) or octagon (eight sides.)	<b>7</b> Ask your child questions that require more than a <i>yes</i> or <i>no</i> answer: "What was your favorite part of the story?"	<b>8</b> Plan a screen-free evening. Read or play games instead. Serve a nutritious snack.	<b>9</b> Help your child make puppets by drawing faces on the bottom flaps of small paper bags.
<b>10</b> Go on a reading picnic with your child. Take some books, a snack and a blanket to sit on.	<b>11</b> Make it a point to use five new words during dinner tonight.	<b>12</b> Talk about a familiar place and ask your child which direction it is from your home: <i>north</i> , <i>south</i> , <i>east</i> or <i>west</i> .	<b>13</b> Have your child give you examples of a complete sentence, an incomplete sentence and a run-on sentence.	<b>14</b> Remind your child not to share any personal information when she is online.	<b>15</b> Read three poems with your child today.	<b>16</b> Spend some time gardening with your child. Pull weeds, spread mulch, plant flowers outside. Or pot plants indoors.
<b>17</b> Spend at least 30 minutes reading together today. Let your child pick the book you will read.	<b>18</b> Give family members marshmallows and toothpicks. See who can build the tallest tower.	<b>19</b> Have your child hold his nose while he eats. Does it affect the taste of the food?	<b>20</b> At dinner, have each family member say something nice about every person at the table.	<b>21</b> Does your child know why the sky is blue? If not, go online to research the answer.	<b>22</b> Show your child a recipe. Have her rewrite the amount of each ingredient to double the recipe or cut it in half.	<b>23</b> Start a list of places you'd like to visit. Have your child do research to obtain information about these places.
<b>24</b> Play a game of tic-tac-toe with your child.	<b>25</b> Ask the school about dates for year-end tests. Make sure your child gets enough sleep the night before each test.	<b>26</b> Remind your child that you enjoy his company, and let him know you love him.	<b>27</b> Create a family joke book. Write one or two jokes per page. Staple the pages together.	<b>28</b> Encourage your child to draw a self-portrait.	<b>29</b> Ask your child, "What do you look forward to when you wake up in the morning?"	<b>30</b> Look for a television program on science or history. Watch it with your child.
<b>31</b> Practice origami with your child.						